

Serving Miami-Dade, Broward and Palm Beach

SOUTH FLORIDA Parenting

FREE

JULY 2009

BEST

OF SOUTH FLORIDA

2009

KIDS
CROWN
AWARDS
& HALL
OF FAME

JULY FOURTH EVENTS



MOM VS. DAD - CHALLENGES OF DISCIPLINING YOUR KIDS

A publication of SunSentinel 

Best Organic Baby Food

YUMMY IN MY TUMMY

13770 W. State Road 84, Davie

954-358-2414, www.yummyinmytummy.com

Natural baby products and eco-friendly toys can all be found at this one-stop eco-shop. However, the organic, freshly made baby food is the big attraction here. Owner Karen Stanley said, "One thing that makes us different is that we try and change people's ideas of what baby food is. We are here to show that it is possible to buy baby food that's fresh and tastes good." The store now also offers a line of yummy kids' meals such as macaroni and cheese with a sweet-potato puree, turkey and brown rice with apple bits, and baked chicken nuggets with a turnip-potato mash. Fast, healthy food has never been easier.