



[Your Mama Loves Fresh, Organic Food for Baby](#)

June 29th, 2009 by Andi · [Feeding](#), [Giveaways](#)

I enjoy feeding my daughter healthy, organic foods. I like to know that she's not ingesting all kinds of preservatives, pesticides or hormones. I'm convinced that the reason third graders are getting their periods is because of all of these additives in our food - and I'm determined to keep Piper free of as much of it as possible. (Note: I am not a scientist - this is just what I feel. I mean, if we are giving our beef and milk cattle hormones that make them grow bigger-bigger-faster-sooner, how can these hormones not have a cumulative effect on our bodies?)

Yummy in My Tummy (YIMT) contacted me when Piper was still wee, offering the opportunity for us to try their new line of [fresh, organic baby foods](#). While I have enjoyed making her food myself, I was eager to try some of their frozen alternatives and especially, some of their more [interesting baby-friendly recipes](#).



When the food arrived, I opened the little freezer box and eagerly pulled out each one, oooing and aaaahing over the creative blends. Until this box came, Piper had been eating straight up sweet potatoes, peas, avocado, etc - you know, the stage one easy foods. I was ready to try some blends and seasonings. Apple rhubarb? Broccoli and Pears? Yum.

YIMT sent a convenient list of stage 1/2/3 foods with the box so I started with the stage 1 foods. Piper and I both loved the fresh flavor (I mean, how great is baby food with an expiration date that's within the foreseeable future? Jars just don't cut it when it comes to flavor or fresh.) She scarfed down her stage 1, and I happily fed her cousin, my 10-month old niece, the stage 3 foods that were soon to expire.

Eddie (my niece) is vegetarian, so I was really excited that the complex stage 3 dinners were all veggie. Eddie's favorite was definitely the vegetable stew with couscous. It was soft finger-friendly pieces that I just dumped onto the highchair tray and let her go nuts. She also enjoyed the chili and dutch apples. Who wouldn't?



Almost all of the foods we tried were fantastic - the only one we didn't like was the bananas. The frozen pureed bananas had an almost spongy consistency, and were grayish in hue. Bananas are so easy to mush up on demand that I wouldn't probably order them anyway. The broccoli and pears were also questionable. Piper didn't seem to mind it, but I thought it was pretty gross. The flavors just didn't work well together, leaving a strange bitter aftertaste. Even so, it got the baby thumbs up, so I'll be ordering more since I like her to have both of those foods.

Yummy in My Tummy deliver [fresh, organic baby foods to your door](#) - for only slightly more than you'd pay for the jarred stuff at a supermarket. Now, it's definitely more economical to make your own food - but if you're no gourmand (like me) and you're lacking ideas (or time, or energy) in the 'what to feed my baby' arena, YIMT offers a healthy, fresh and affordable option that beats grocery store jars, hands down. In addition to baby food, they make toddler meals and finger foods too. [Their site is loaded with educational and safe toys, feeding gear, and more.](#)

Free Stuff Alert!

Yummy in My Tummy are offering one lucky reader a **week's supply (24 meals) of their fresh, organic food specifically tailored to your baby or toddler's needs.** *Winner must be able to take delivery of food within one month of contest end date. Remember - these foods are fresh made, so have expiration dates that are usually 2 weeks - one month from the date they're delivered to you.

To enter, you must:

- Visit [Yummy in My Tummy store](#) and tell us which food your little tummy would most enjoy.

For additional entries:

- Follow YIMT on [Facebook](#) or [Twitter](#). Comment to let us know.
- Subscribe to Your Mama Reviews [in a reader](#) or via email. Comment to let us know.
- Follow [Your Mama on Twitter](#). Comment to let us know.
- Tweet or blog about this contest and of course, let us know!

*Contest is open to **U.S. residents** only. Winner must be able to use the food delivery within one month of contest end date. Entries that do not follow the rules will be deleted! Be sure to leave a valid email address so we can contact you if you win. Contest ends July 6, 2009 at 12 noon Eastern.*